



# Activities Calendar

| Sunday                                 | Monday                                                                                                                                                            | Tuesday                                                                                                                                                                       | Wednesday                                                                                                                                                        | Thursday                                                                                                                                                 | Friday                                                                                                                                     | Saturday                                                                                               |
|----------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|
|                                        | 10:45 Cardio Drumming<br>12:15 Tai Chi Chih<br>1:00 Lunch Bunch<br>Rusty Bucket in Bexley<br>2:00 Movie Matinee<br>Forrest Gump<br>3:00 COOKOUT                   | 10:00 Group Crossword<br>11:00 Traditional Balance<br>12:00 Music Trivia<br>1:30 Chair Volleyball Match<br>3:30 HAPPY HOUR<br>4:30 Poker Night                                | 9:30 Meditation<br>10:00 OPEN ART STUDIO<br>11:30 Grocery Trip - Giant Eagle<br>1:30 Chair Yoga<br>2:00 Coffee & Conversations<br>Mental Health<br>3:00 Pinochle | 10:00 Watercolors<br>10:30 Bus Outing<br>Clippers Game<br>11:00 WORDLE Word Game<br>2:00 OPEN ART STUDIO<br>3:00 Chair Volleyball<br>6:00 Euchre         | 10:00 Stretch & Flex<br>12:00 Trivia<br>3:00 B-I-N-G-O<br>6:30 Movie Night<br>Just Go With it                                              | 2:00 Chair Volleyball<br>4:00 Board Game Night                                                         |
| 2:00 Chair Volleyball                  | 9:30 Strength & Stability<br>10:45 Dynamic Balance<br>12:15 Tai Chi Chih<br>1:00 Culinary Discussion<br>2:00 Movie Matinee<br>The Way We Were<br>4:30 Poker Night | 10:00 Resident Townhall<br>11:30 Bus Outing - Columbus<br>Library & Topiary Park<br>11:30 Traditional Balance<br>2:00 Chair Volleyball<br>3:30 HAPPY HOUR<br>5:15 Garden Club | 9:30 Meditation<br>10:00 OPEN ART STUDIO<br>11:30 Group Crossword<br>12:45 Safety Liaison Discussion<br>2:00 Cardio Drumming<br>2:30 Roundtable<br>3:00 Pinochle | 10:00 Watercolors<br>11:00 WORDLE Word Game<br>2:00 OPEN ART STUDIO<br>3:00 Chair Volleyball<br>3:30 CUBIGO: 1:1 tutoring<br>6:00 Euchre                 | 10:00 Stretch & Flex<br>12:00 Jeopardy<br>2:00 Roundtable<br>3:00 B-I-N-G-O<br>6:30 Movie Night<br>My Fair Lady                            | 10:30 Chair Volleyball<br>2:00 Chair Yoga - Upper Body<br>3:00 Cavs vs Pistons<br>4:00 Board Game Time |
| 2:00 Chair Volleyball                  | 10:45 Cardio Drumming<br>12:15 Tai Chi Chih<br>2:00 Movie Matinee<br>Mother's Day<br>3:30 Tech Time<br>8:00 Cavs vs Pistons                                       | 10:00 Group Crossword<br>11:00 Traditional Balance<br>12:00 Music Trivia<br>1:30 Chair Volleyball Match<br>3:30 HAPPY HOUR<br>4:30 Poker Night                                | 9:30 Meditation<br>10:00 OPEN ART STUDIO<br>11:30 Grocery Trip - Giant Eagle<br>12:00 Lunch Bunch<br>Ristorante Di Famiglia<br>1:30 Chair Yoga<br>3:00 Pinochle  | 10:00 Watercolors<br>11:00 WORDLE Word Game<br>12:30 Chair Volleyball<br>2:00 OPEN ART STUDIO<br>3:00 Poetry Group<br>6:00 Euchre                        | 10:00 Stretch & Flex<br>12:00 Trivia<br>1:00 CUBIGO: 1:1 tutoring<br>3:00 B-I-N-G-O<br>6:30 Movie Night<br>The Heat                        | 2:00 Chair Volleyball<br>4:00 Board Game Night<br>6:00 Get To Know You<br>Gathering & Potluck          |
| 2:00 Chair Volleyball<br>4:00 Car Show | 9:30 Strength & Stability<br>10:45 Cardio Drumming<br>12:00 Bible Study<br>2:00 Movie Matinee<br>Pat and Mike                                                     | 11:00 Traditional Balance<br>2:00 Chair Volleyball<br>3:30 HAPPY HOUR<br>4:30 Poker Night                                                                                     | 9:30 Meditation<br>10:00 Grocery Trip - Kroger<br>10:00 OPEN ART STUDIO<br>11:30 Bible Study<br>12:45 Grief Support Group<br>2:00 Chair Yoga<br>3:00 Pinochle    | 10:00 Watercolors<br>10:30 Bus Outing<br>Clippers Game<br>11:00 WORDLE Word Game<br>2:00 OPEN ART STUDIO<br>3:00 Chair Volleyball<br>6:00 Euchre         | 10:00 Stretch & Flex<br>12:00 Jeopardy<br>1:30 Live Music<br>Razza-ma-taz & Jazz<br>3:00 B-I-N-G-O<br>6:30 Movie Night<br>The Great Escape | 10:30 Chair Yoga - Full Body<br>2:00 Chair Volleyball<br>4:00 Board Game Night                         |
| 2:00 Chair Volleyball                  | 9:30 Strength & Stability<br>10:45 Dynamic Balance<br>12:15 Tai Chi Chih<br>1:00 Culinary Discussion<br>3:00 COOKOUT<br>4:30 Poker Night                          | 11:30 Traditional Balance<br>1:00 Brain Games<br>2:00 Chair Volleyball<br>3:30 BIRTHDAY HAPPY HOUR<br>4:30 Poker Night                                                        | 9:30 Meditation<br>10:00 Grocery Trip - Aldi<br>10:00 OPEN ART STUDIO<br>11:30 Group Crossword<br>2:15 Cardio Drumming<br>3:00 Pinochle                          | <div> <i>* This is a sample calendar</i><br/> <i>Activity calendars are updated monthly.</i><br/> <i>Please contact us for a current version.</i> </div> |                                                                                                                                            |                                                                                                        |