

Stronger Together Presented by: Toni Blake

"Your humanity is your greatest amenity" Toni Blake

Sometimes you gotta ask for a hand

It's important to know what you need and who can help you. At NCR – you are not alone. There are teams of management ready to serve you.

- Be clear on what you need
- Be sure to ask the right person
- Keep a running list of people who are on your team – add "ask" items to their list and only call when it is pretty full. Don't over TAP your resources!

Sometimes an extra persona can turn a situation around. When someone who is too involved in the details of a problem to look at the situation as a whole, remember the saying – "you can't see the forest for the trees."

1Mmoments Private Facebook Group

My goal is to create a ripple of one million moments of positive change in the world. Will you be ONE in a million?

Happify Daily – [7 Ways to ask for help when you are feeling down](#)

ME Culture – We Culture Psychology Today: [The Rise of the ME Culture](#)

Read more about [Michael Phelps](#) on Biography

Captivate: The Science of Succeeding with People [Science of People](#)

Notes:

Your VIBE attracts YOUR tribe

I AM ABLE: Success or Excuses

Responsible for myself or Blame others with a reason why not

"There is nothing you can't do with the right habits" [The Power of Habit](#)
[Why negative experiences stick like Velcro](#) – The Greater Good Podcast

Moments of brokenness, can be turned into beautiful moments in our history. [Kintsugi: the art of precious scars](#) Be someone who makes someone else look forward to tomorrow!

Do the UNEXPECTED!

What are you going to do to help others look forward to tomorrow?

The Invisible Gift - #StrongerTogether

Notes