

# True or False: COVID-19 Facts

This activity is meant to spread knowledge about COVID-19 in an engaging way to residents. It will require one main volunteer to ask the questions and get answers from participants. A vote can be quickly tallied by participants raising their hand for which answer they think is correct. In smaller groups, a vocal answer may be given. A thumbs up or thumbs down may also suffice.

If under stay-at-home or social distancing measures, residents can stay at their open doorways as long as they are an appropriate distance apart. The person leading the activity may conduct from a shared hallway, as long as residents in the immediate vicinity approve.

This may also be conducted virtually through a service such as Zoom if technology is available. Inform residents of a scheduled date and time for the activity.

Note: These questions were pulled from the World Health Organization website in April of 2020 and reflect what is known about COVID-19 at that time.

## Items Needed:

1. True or False Question document

## Instructions:

1. Gather residents as applicable to the current situation. Remember to follow government guidelines if social distancing measures are in place.
2. Give a brief description to residents on what they will be discussing. While this is meant to be a knowledge sharing activity, allow room for follow-up questions and discussion from residents.
3. Ask a question.
4. Tally answers.
5. Give the correct answer and the brief explanation.
6. Repeat steps 3-5.

# COVID-19: True or False Questions and Answers

1. You cannot get COVID-19 in hot or cold climates. **FALSE.**

Countries with hot and cold climates have reported cases. Outdoor and room temperatures do not appear to have an effect on the virus.
2. The new coronavirus cannot be transmitted through mosquitoes. **TRUE.**

To date there has been no information nor evidence to suggest that the new coronavirus could be transmitted by mosquitoes. The new coronavirus is a respiratory virus which spreads primarily through droplets generated when an infected person coughs or sneezes, or through droplets of saliva or discharge from the nose.
3. Washing your hands with soap and water for at least 20 seconds is the most effective way to prevent the spread of COVID-19. **TRUE.**

Washing your hands with soap and water, covering coughs and sneezing with tissues or your sleeve, as well as using disinfectants with at least 60% alcohol are all suggested preventative measures to take.
4. Vaccines against pneumonia protect you against the new coronavirus. **FALSE.**

COVID-19 is a new strain of the coronavirus and thus pneumonia vaccines are not effective. A new vaccine will need to be developed for COVID-19.
5. The most common way the virus spreads is from touching a contaminated surface and then touching your eyes, nose, mouth or face. **TRUE.**

Wear a mask when outside your home and avoid touching your face to help prevent contracting the disease.
6. It is appropriate to call COVID-19 the “Chinese virus” or the “Chinese coronavirus.” **FALSE.**

COVID-19 is a virus that jumped from animals to humans and mutated to spread amongst humans. It is a global pandemic and associating it with a country can cause harm to those from that country. A virus doesn’t discriminate between nationality, age, or gender and neither should we. Treat everyone with respect and kindness during this time (and always) as this is a global problem that will require global cooperation.
7. Social distancing measures should only be followed when convenient. **FALSE.**

Act accordingly to local, state, and federal guidelines for social distancing. Keep at least 6 ft between you and other people whenever possible. Stay home unless you need to go out for essential activities like grocery shopping. Always be in accordance with any stay-at-home or quarantine orders as they are the law.
8. It will require participation from everyone to curb the spread of the disease. **TRUE.**

We all need to participate in social distancing, quarantines, and stay-at-home orders. This is a serious matter and can only be stopped if we are all working together.