

# Meal Sharing Potluck Event



## You will need:

1. Potluck Event Flyer PDF
2. Recipe background card PDF
3. Pens or markers

This event is designed to bring people of diverse backgrounds together over a meal. It will invite conversation over where their dishes are from, any family history to the recipe, and any other connection to the food they are sharing.

This could be a recurring series every month (or other agreed upon time frame) with a different theme each gathering. A suggested first theme would be for residents to bring a dish common in their culture. Other themes could be: family recipes, recipes that involve a specific food (i.e. tomatoes, rice, leafy greens, cultural beverages, etc.) This event could be modified to include an afternoon or midmorning event that involves tea or coffee as many cultures make those beverages, but serve them differently.

## Instructions:

1. Fill out flyer template with date and theme. Print and post around property. Also spread by word of mouth.
2. Print recipe story cards for residents to fill out. Either hand out to residents attending the event beforehand, or place them on the tables with pens or markers for residents to fill out at event.
3. Prepare common area for residents to gather food, drinks, and utensils on a table.
4. If desired, collect recipe cards after event and display in common area for residents to read after event.

## Physical Distancing Adaptations:

1. Food may be prepped by residents as long as clean hands and utensils are used before, during, and while serving.
2. A property employee may pick up and disperse food from residents at their doorways.
3. Residents may package individual servings if possible to be dispersed.
4. Residents may converse and eat together at their doorways once food has been dispersed, sharing the stories behind their dishes.
5. If enough outdoor space is available and the weather is pleasant, chairs can be placed at least 6 feet apart in all directions. Circle and U-shaped arrangements can still encourage conversation.

Please join us for a

# Resident Potluck



In order to better connect with your fellow residents, please bring a dish that represents your culture or heritage that you can share with others. Come ready to share the history of your dish and what it means to you.

\*Please note any potential allergens on a card to accompany your dish.

## RECIPE CARD

Name of Dish:

Where it's from:

Made by:

Ingredients:

Background of dish:

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