



**COURAGE.  
IT'S WRITTEN  
ALL OVER  
YOUR FACE.**



You don't wear a face mask because you're afraid. You wear it because you're committed to protecting yourself and others – especially older adults and those with immune disorders – against a virus that can be lethal. So cover up before you go out. And face the world with confidence. #maskup.

LEARN MORE WAYS TO CARE AT [CDC.GOV](https://www.cdc.gov) 

A MESSAGE IN THE PUBLIC INTEREST FROM



National Church Residences

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