Matthew is not your typical high school student. His grandparents are residents at a National Church Residences community where over half of the residents speak only Chinese. Matthew is fluent in both English and Chinese and noticed a need for translation and English classes. In order for these residents to receive health care benefits and some financial support, the residents must take the American citizenship test. Matthew has spent his own time setting up English classes and tutoring the residents on questions that would be on the citizenship exam. Because of his hard work, there are now six new US citizens.

Exercise is hugely important for all ages and Doris is trained to lead classes for the elderly and people with physical limitations. She leads two classes a week at Vanderbilt Apartments and there are residents that have attended since the classes started in 2004. Doris arrives an hour early to ensure she talk with individuals about their concerns. When a person has been given a frightening diagnosis it is a wonderful comfort to talk to a peer. Doris is wonderful and empathetic and kind. She consistently support the residents at Vanderbilt with their physical and emotional health.